



My doctor just told me I have **diabetes**.
She also said, “**Get a flu shot!**”
I heard her loud and clear. **I’ll get vaccinated.**

Having type 1 or type 2 diabetes can mean you are also at risk for serious complications from the flu.

When you get your flu shot, you protect yourself and those around you.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention